



peaches & cream smoothie

ingredients

Makes 2 servings

8 oz. frozen unsweetened peach slices

8 oz. vanilla yogurt

1 cup ice cubes

6 oz. can pineapple juice

3-4 tbsp sugar

1 tbsp lemon juice

¼- ½ teaspoon almond extract

directions

Combine peaches, yogurt, ice, pineapple juice, sugar, lemon juice and almond extract in blender.

Blend until smooth.

Pour in 2 glasses. Serve immediately.